

Why invest in wellbeing workplaces?

According to Deloitte Insights, workplaces that invest in employee wellbeing outperform the **S&P 500 by 235%**

Hays, a global human resources firm found that **less than half** of Australian employees are finding their workplace wellbeing positive

The Global Wellbeing Institute values the global workplace wellness market at over **\$43.3 billion**



wellbeing communities.

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CREATING WELLBEING COMMUNITIES SERIES.

Leading Wellbeing Workplaces & Organisations Program

Health Futures Australia is a not for profit, health promotion charity working to ignite and inspire Australia's leadership to create a nation of wellbeing communities. We believe in creating a wellbeing economy, and the contribution of wellbeing communities and organisations to this vision.

In this, our flagship learning & leadership program we work with you/your organisation through three workshop and several coaching sessions to unlock the potential to become a changemaker, intrapreneur, entrepreneur, and innovator to improve the health and wellbeing of Australians.

The need to transform to a wellbeing economy, organisations, and communities has never been greater. Resilience to thrive is critical, it's time to unite and design for a health and wellbeing future.

Learning Stewards and Hosts at the Forefront of Big Societal Change



Dr Shelley Bowen

Dr Shelley Bowen is a population health system and community changemaker, transformer and disruptor,. She designs and enables big thinking, transformative policy, practice and social change processes for better health and wellbeing outcomes. Her expertise is in population and preventive health, collaboration, innovation, scale, strategy and communication, and system design thinking. Shelley is a Westpac Social Change Fellow and an alumni of: Cognitive Edge, Presencing Institute Otto Scharmer, Seth Godin's altMBA and a 2020 graduate from Stanford's Executive Program in Social Entrepreneurship.



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Learning Stewards and Hosts' profiles can be found: <https://healthfutures.org.au/our-team/>



Louise Baldwin

Louise is an innovative health promotion specialist with a passion for sustainable change to build healthy communities. She is an award winning practitioner, active researcher and author with extensive experience across nonprofit, government and tertiary sectors. Louise is an academic and the founder and director of Health and Social Change Australia whilst being an avid mentor for the next generation of health promoters. She is leading the charge to highlight links between entrepreneurship and health as part of broad approaches to wellbeing and thriving communities.

Prof Rob Moodie

Professor Rob Moodie is a public health thought leader, changemaker, activist, chef and father of the year. Rob's passion is for urgent community driven through to global action to build a very different future for our population, doing his part to drive a different future market for prevention in Australia with a focus on leaders for the future.



Online Course Guide September 2021 - June 2022

Our sequential 3-part program is designed to thought provoke, capability build, network and connect practitioners, managers, leaders, policy and project staff and teams - collaborators who can be at the forefront of change and 'cut through' in complex times.

We work with your between these sessions to mentor and coach your "Wellbeing Future- Workplace Strategy" development.

Most importantly this program taps into and unlocks the authentic leadership required to lead and lean into the future as it emerges.

"Working with HFA and my community has confirmed for me that no matter our differences (background, approaches), we share common concerns and dreams for the future. Now through the HFA process, we also share common tools to help tackle those concerns." **Lana de Kort,**
Manager Clunes Neighbourhood House



WELLBEING WORKPLACES COMMUNITIES



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Wellbeing Workplaces

Wellbeing remains **one of the most powerful** ways for lasting health, economic, social and community impact. **Re-imagining** healthy workplaces and how to create them is **your first step** towards creating a wellbeing ecosystem.

Session 1: Understanding Wellbeing Workplaces, and Economy

What is a **wellbeing workplace**?

What: 1x 3 hr interactive online class

Session 2: Creating your wellbeing workplace, your bespoke approach.

Delving deeper into **wellbeing workplace frameworks**

What: 1x 3 hr interactive online class


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Cost for all three sessions:
\$1450 + GST (including exclusive mentoring and coaching sessions)

Who should attend?

Stakeholders leading corporate and business health, wellbeing and impact strategy.

Learning Outcomes

1. Wellbeing Workplace & Economy Insights
2. Theory of Change Design
3. Wellbeing Strategy Framework crafting

Book in a tailored course for your organisation:

engage@healthfutures.org.au
<https://healthfutures.org.au/programs>

Fine Print

- times are expressed in AEST
- currency is AUD
- GST and Booking Fee not included in registration cost
- no refunds on registrations but we will gladly offer you a class credit

Session 3: Designing your wellbeing workplace strategy

How to plan, activate and measure wellbeing through your organisation – a **Strategy development focus** on people, programs, place and policy.

What: 1x 3 hr interactive online class

2021 Dates:

Session 1: October 14th

Session 2: October 28th

Session 3: November 11th

Let Health Futures Australia help you achieve a healthier workplace and community

"Workers are more productive, more engaged, absent less often and less likely to experience workplace injuries when health and wellbeing is part of their daily working lives"

Worksafe Queensland

**TRANSFORMING
YOUR
WORKPLACE
WELLBEING
FUTURE.**



Join the conversation



engage@healthfutures.org.au



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