

Modalities for learning and engaging:

We use digital platforms to deliver our courses online facilitated by experienced prevention stewards and hosts.

We offer **1 to 50** hour real-time online & face to face session, or bespoke programs for individuals or groups:

1-3 hours: Masterclasses, Dialogues, Coaching and mentoring, Imagineering.

5 to 50 hours: The above integrated with: Design boot camps, Learning Circles, Design sprints, Coaching and mentoring, Innovation labs, Prototyping sessions.

TRANSFORMING SELF AND SOCIETY FOR A WELLBEING FUTURE.

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Leadership and Learning Program Overview June - December 2020.

Health Futures Australia is a for purpose charity working to ignite and inspire Australia's leadership to create a wellbeing economy.

Health Futures Australia works with you to unlock your potential to become a leading changemaker, intrapreneur, entrepreneur and innovator to improve the health and wellbeing of Australians.

As we transform from ego to ecosystem economies the change needed has to come from us individually or collectively and whether you are a researcher, business owner, community member, an entrepreneur, or a volunteer. So let's redesign the system together to improve health and wellbeing.

Learning Stewards and Hosts at the Forefront of Big Societal Change



Dr Shelley Bowen

Dr Shelley Bowen is a population health system and community changemaker, transformer and disruptor,. She designs and enables big thinking, transformative policy, practice and social change processes for better health and wellbeing outcomes. Her expertise is in population and preventive health, collaboration, innovation, scale, strategy and communication, and system design thinking.

Shelley is a Westpac Social Change Fellow, and an alumni of: Cognitive Edge, Presencing Institute – Otto Scharmer, Seth Godins altMBA, and a 2020 graduate from Stanfords Executive Program in Social Entrepreneurship.

Jon Anstey

Jon Anstey, a lawyer, financial entrepreneur, and a water and environment sector expert who loves creating value in complex systems, by bringing creativity and agility to leadership, governance and professional practice. He is creative in his mission to explore the creation of a new social market with a focus on health and wellbeing.



Prof Rob Moodie

Professor Rob Moodie is a public health thought leader, changemaker, activist, chef and father of the year. Rob's passion is for urgent community driven through to global action to build a very different future for our population, doing his part to drive a different future market for prevention in Australia with a focus on leaders for the future.

Learning Stewards and Hosts' profiles can be found: <https://healthfutures.org.au/our-team/>

Rebecca Johanson

Rebecca Johanson, a former Executive in Telstra Consumer and Small Business, is passionate about creating long-term, sustainable change across Australia that is underpinned by a commercial model that transcends the traditional model for prevention. "Commercialising prevention" enables us to break free from our "stuck" funding models and enter a new world of market possibilities.



Online Course Guide May 2020 - December 2020

Our programs are designed to thought provoke, capability build, network and connect spirited practitioners, managers, community leaders, policy and project staff and teams – collaborators who can be at the forefront of big societal change and 'cut through' in complex times.

Most importantly our courses tap into and unlock the authentic leadership required to lead and lean into the future as it emerges.

Testimonials

" A workshop and safe space to re-imagine yourself and your work through a deeply personal and collective lens that ultimately shifts intuition and vision"

Prevention Immersion 2019 Attendee

"If everyone would take the time to immerse themselves with HFA, to consider their place and potential. our world would be unrecognisably changed for the better"

Prevention Immersion 2019 Attendee

Wellbeing: Leadership Through Design and Discovery

Prevention Intrapreneurs, Entrepreneurs and Innovators – join us in these classes and be inspired to change the world.

Changemakers: Empathy-based Action

Learn to 'sense the system' we are in, and desire for wellbeing; unlock the power to 'changemake' through empathy and disruption; and shape your changemaking future for system wellbeing.

What: 1x 3 hour interactive online class

Dates: 11 June 2020, 9:30–12:30pm
16 July 2020, 1:00–4:00pm
27 August 2020, 9:30–12:30pm

Price: \$150 (+GST&BF)

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These 2 classes are encouraged to be taken sequentially to engage participants in the principles and practices of empathy and authentic leadership and as an underpinning to system re-design for wellbeing outcomes. Through online interactive presentation, reflective exercises and immersion in social innovation methods like design thinking participants will learn and adapt the capacities and principles to innovate and change the world.

for more information on our courses:

engage@healthfutures.org.au

register:

<https://healthfutures.org.au/programs/>



Wellbeing Through Discovery & Human-Centred Design

The era for reimagining our work as individuals and organisations is here. How might we do things differently? How might we prototype wellbeing for our organisation, community and nation? This class capability builds participants in human-centred design principles and practices as a critical methodology in our toolkit for navigating the future.

What: 2 x 2.5 hour online classes over 2 consecutive days, with project work.

Dates: 21–22 July 2020, 1:00–3:30pm
9–10 Sept. 2020, 9:30–12:00pm

Price: \$350 (+GST&BF)

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LEADERSHIP
INNOVATE
PREVENTION
CHANGEMAKER
REDESIGN

Re-imagining and Redesigning the System for Wellbeing Outcomes

Join us in this series to build a wellbeing economy.

Creating a New Social Market for Wellbeing in Australia

Shape social value in a new wellbeing "social market" in Australia; learn from global experiences in carbon markets; sense your potential for transformational market leadership; explore the jobs and growth possibilities of social enterprises/franchises in the market.

What: 1x 3 hour interactive class

Suitable for: This class is for those who want to make, be part of or lead change, no matter how small or world changing.

Delivery: online or face to face



The Re-imagining and Re-designing the System for Wellbeing Outcomes classes are for people who want to be at the forefront of building a wellbeing economy – practitioners, community members/leaders, managers, policy makers, changemakers.

"The new collective capacity will be crucial in addressing many other areas of crisis in the years to come, from climate action, biodiversity, and refugee questions to social justice and wellbeing for all".

Otto Sharmer, Presencing Institute

Reimagining and Redesigning Finance for Wellbeing

Understand the risk-reward appetites of investors in social markets; explore the interests of agencies, employers, businesses, communities, philanthropists, insurers, superfunds and banks; co-design layered structures that "blend" social procurement finance with debt, equity, grants, donations, impact investment and crowdfunding instruments.

What: 1x 3 hour class with pre-work

Suitable for: people who want to be at the forefront of building a wellbeing economy– practitioners, community members and leaders, managers, policy makers, changemakers

Delivery: online or face to face



Prevention Immersive

This immersive learning experience gives you the time and space to pause and pivot into the new future. We introduce the new leadership required to 'system shift' for health and wellbeing outcomes across our organisations, communities, environment and economy. New leadership capabilities and tools will be developed for use in wider systemic change. The Immersion will further your leadership capabilities, provide a safe space to explore and create pathways to change, and inspire you to build a movement at the heart of a new social market for health and wellbeing in our community.

The Prevention Immersion is for leaders who want change driven from a place of authentic leadership, vulnerability and deep systemic change. For those of us prepared to lean into the work required for a new wellbeing economy.

What: 2.5 day, in person immersive program.

Dates/Location: Watch this space, September and November TBC

Price: TBC

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LEADERSHIP INNOVATE PREVENTION CHANGEMAKER

Enrolment & Enquiries

enquiries: engage@healthfutures.org.au

We use the Humanitix booking platform where 100% profits goes to support diasadvantaged Australians.

For more information and **enrolment:**
<https://healthfutures.org.au/programs/>

We offer **2 no-cost scholarship spaces per class** for employees/volunteers of Not-For-Profit Organisations. This is offered via an application process. Please visit **www.healthfutures.org.au/programs** for more information and to download the application form.

Fine Print

- times are expressed in AEST
- currency AUD
- GST and Booking Fee not included on registration cost
- 20 changemakers per class
- no refunds on registrations but we will gladly offer you a class credit.

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