

Wellbeing Through Discovery and Design overview

The second class of the Wellbeing: Leadership Through Design & Discovery Series.

Suitable for: This class is for those who want to make, be part of or lead change, no matter how small or world changing.

Delivery: We use digital platforms to deliver our courses **online** facilitated by experienced prevention stewards and hosts.

What: An interactive online 2x 2.5-hour class held over 2 consecutive days.

Dates: 18-19 June 2020, 9.30-12:00pm OR 21-22 July 2020, 1:00-3.30pm; OR 9-10 September 2020 AEST

Price: \$350 (+GST + BF)

TRANSFORMING SELF AND SOCIETY FOR A WELLBEING FUTURE.

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Wellbeing: Leadership Through Design & Discovery Series

Wellbeing Through Discovery and Design

To embrace the opportunity presented in the wellbeing economy, and through social innovation and leading by design insights craft a pathway for change informed by human-centred design.

themes & theories explored

- The Wellbeing economy, community, organisation and self
- Social Intrapreneurship, Entrepreneurship and Innovation
- Leading by design
- Human centred design thinking

Learning Stewards for Wellbeing Through Discovery and Design



your facilitator

The session has inputs from Health Futures Australia's network of partners – leading global thinkers, and is facilitated by Dr Shelley Bowen from Health Futures Australia (HFA). HFA is a profit for purpose organisation working to reboot and recharge Australia's dynamic, capable and exciting preventive health leadership – to inspire us to think outside the box and do things differently, to get to the best health, safety, and wellbeing outcomes possible for our organisations, sectors and communities.

We believe, most importantly, that the change needed has to come from all of us individually, collectively, whether you are a researcher, business owner, community member, an entrepreneur, or a volunteer, so let's redesign the system together to improve population health!

style

Two consecutive virtual participatory workshop style classes and some 'in-between' work:

Workshop 1: Wellbeing Economy and Community Discovery explores the rise of and opportunity for the wellbeing economy and meaning for our role and purpose; dips into your intrapreneurial or entrepreneurial style; immerses in social innovation case studies and insights local to global; and frames your design challenge.

Workshop 2: Design for Wellbeing building on workshop 1 participants design their own NEW PLAYBOOK for Wellbeing through exploration of 'leading by design' capabilities; and applying human-centred design to a challenge and opportunity for change. This involves reframing, empathy, insight to action, experimentation, implementation, storytelling and a next-steps for self, team, organisation and community/society

Pre-work: there is some pre-reading and pre-viewing of short videos required in preparation for the class. Two small tasks and in-between task of modelling TBC are also required involving writing, and a short interview.

our classes

We work with you to be a systems changemaker, a leader and entrepreneur of wellbeing, and to design with foresight and purpose. Together, we unlock the passion and insight to what's possible, and to what we can achieve for a better future for the health, safety and wellbeing of Australians.

purpose

To embrace the opportunity presented in the wellbeing economy, and through social innovation and leading by design insights craft a pathway for change informed by human-centred design.

outcomes

- New insights to a wellbeing future
- New theory of change to guide your social impact and purpose
- New tools for your change toolkit – leading by design which is human-centred
- A change prototype for testing and iteration
- Your new Discovery and Design Playbook for wellbeing
- A Roadmap of next steps for self, organisation, community/society

registration

enquiries: engage@healthfutures.org.au

We use the Humanitix booking platform where 100% profits goes to support diasadvantaged Australians.

For more information and link to enrol:
<https://healthfutures.org.au/programs/>