

Changemakers: Empathy-based Action overview

The first class of the Wellbeing: Leadership Through Design & Discovery Series.

Suitable for: This class is for those who want to make, be part of or lead change, no matter how small or world changing.

Delivery: We use digital platforms to deliver our courses **online** facilitated by experienced prevention stewards and hosts.

What: A 3-hour interactive online class

Dates: 11 June 2020, 9:30–12:30pm; or 16 July 2020, 1:00–4:00pm; or 27 August 2020 AEST

Price: \$150 (+GST + BF)

TRANSFORMING SELF AND SOCIETY FOR A WELLBEING FUTURE.

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Wellbeing: Leadership Through Design & Discovery Series

Changemakers: Empathy-based Action

Learn to 'sense the system' we are in, and desire for wellbeing; Unlock the power to 'changemake' through empathy and disruption; and shape your changemaking future for system wellbeing.

outcomes

- New insights and tools for your changemaking
- New theory of change to guide your impact
- Your own roadmap to change through "Changemakers U: wayfinding for a wellbeing future"
- Your six word change story

Learning Stewards for Changemakers: Empathy-based Action



your facilitator

The session has inputs from Health Futures Australia's network of partners - leading global thinkers, and is facilitated by Dr Shelley Bowen from Health Futures Australia (HFA). HFA is a profit for purpose organisation working to re-boot and recharge Australia's dynamic, capable and exciting preventive health leadership - to inspire us to think outside the box and do things differently, to get to the best health, safety, and wellbeing outcomes possible for our organisations, sectors and communities.

We believe, most importantly, that the change needed has to come from all of us individually, collectively, whether you are a researcher, business owner, community member, an entrepreneur, or a volunteer, so let's redesign the system together to improve population health!

our classes

We work with you to be a systems changemaker, a leader and entrepreneur of wellbeing, and to design with foresight and purpose. Together, we unlock the passion and insight to what's possible, and to what we can achieve for a better future for the health, safety and wellbeing of Australians.

purpose

To immerse in and 'sense the system' we are in, and desire for wellbeing and unlock the power to 'changemake' through transformation, empathy and disruption; and shape your changemaking future for system wellbeing.

style

A virtual participatory workshop style class that utilises a sense of empathy and presence as critical to our changemaking future - through an experiential journey where you design your systemic leadership path ahead.

Pre-work: there is some pre-reading and pre-viewing of short videos required in preparation for the class. Two small tasks are also required involving writing, and a short interview.

who

This class is for those who want to make, be part of or lead change, no matter how small or world changing

themes and theories explored

- The Wellbeing economy, community, organisation and self
- Systemic leadership and power shifting in systems for change
- Intrapreneurship
- Entrepreneurship and Innovation
- Changemakers U: wayfinding for a wellbeing future
- The power of story

testimonials

"Thanks Health Futures Australia for a thought provoking session. I'm now inspired to continue to learn and connect with likeminded others to tackle these significant issues"
(Andrew)

registration

enquiries: engage@healthfutures.org.au

We use the Humanitix booking platform where 100% profits goes to support diasadvantaged Australians.

For more information and link to enrol:
<https://healthfutures.org.au/programs/>